

Water Spray Picture

This is a great activity for outside!

You will need-

An old shower curtain or a large sheet of paper.

Paint or food colouring

Spray bottles



1. Attach the shower curtain or paper to a wall, tree or fence.
2. Mix your paint to a runny consistency or add food colouring to water.
3. Pour the mixture into spray bottles or even an old sauce bottle that your child can squeeze paint out of.
4. Aim your bottle towards the painting surface and spray.
5. Have fun and be creative!

Taking it further

- Vary the intensity of the colour by adding a higher concentration of food colouring or paint.
- Try spray painting onto other surfaces such as tree bark or walls.

What are the children Learning?

The spraying action is good for developing children's fine motor skills and there will also be opportunities to develop their hand/eye coordination, balance, and upper body strength.

This activity is good for encouraging the children to explore colour mixing as well as talking about how the spray bottle squirts water.