

The Three Bars Porridge Dough

What you will need:

- 2 cups of plain flour
- 1 cup of salt
- 2 tablespoons of cream of tartar
- 2 cups of boiling water
- 2 tablespoons of oil
- 2 cups of porridge oats

How to make your dough:

1. Mix the flour, salt and cream of tartar (the children love to do this)
2. Add the oil and then the water (adding small amounts of water to judge the consistency).
3. Let the dough cool, then add some of the oats. (tip; too many will dry the dough out).
4. You can use any leftover oats to roll the dough in while you are playing.

To extend the fun with your oat dough.

- Make oats cakes or biscuits using bun cases and cutters.
- Link the dough to the Goldilocks story to encourage discussion and role play.
- Add food colouring to create fun colours.

What the children learn.

Children will have the opportunities to explore the textural differences in the ingredients being used. Observing the changes in their structure as they mix together.

The children will have the opportunities for developing story language as well as descriptive language.

