

## Personal Social and Emotional Development

Rainbow Fish learnt how to be a good friend. Talk together about what you think makes a good friend? Discuss the different characters throughout the story; how were they feeling and why? Can you discuss how it feels to be lonely and how we are missing the ones that we love at the moment. If you bake the biscuits with Mrs Wilson who would you like to share them with?



## Harewood Nursery School

### Weekly Challenges

Each week we will be providing challenges you can complete throughout the week with your children.

1<sup>st</sup> June 2020

## The Rainbow Fish

Please add any completed challenge to the EEXAT app for your child: Thank You.

## Mathematical Development

**Rainbow Fish number game...** Details on website/ facebook. Can you draw a fish and place a number on each tail, then roll a dice and add spots to your fish to match the number. Go fishing with the numbered fish. Use any under the sea creatures you may have to catch and count. Can you sing the rhyme of the week 1,2,3,4,5. Using 2D shapes can you create patterns like Rainbow Fish's scales?

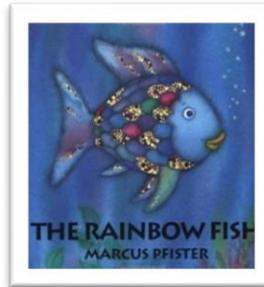


## Communication and Language

The Rainbow fish gave his friends some things which were incredibly special to him. What things are special to you and why?

Don't forget to teach your adults the rhyme of the week with the actions too!

**Letters and Sounds – Story sounds**, encourage the children to use instruments or noise makers to create sound effects to a story or video. Direction sheet on Face book/ website.



## Knowledge and Understand of the World

Can you make some rainbow noodles?

Floating and sinking; try out a selection of objects. Investigate which ones will float or sink to the bottom of the ocean! Can you find out two facts about creatures under the sea?

Can you make bubbles? You will need a bowl, liquid soap, and a whisk.

Rainbow hunt, directions sheet on website.

Can you record yourself re- telling the story on a tablet or your adults' phone?

Have fun some bubble blowing.

Encourage the children to explore with reflective materials, mirrors, shiny paper, or holographic surfaces just like Rainbow Fish's sparkly scales.

## Physical Development

**Look at a puddle**, can you make a rainbow puddle? Create your own by adding a little oil and food colouring into the water. Then jump over it or even in it? (but don't forget your wellies!)

**Stop and Go Dancing**, play your favourite song to dance to, then when your adult shouts stop, they have to stand perfectly still and repeat. Parachute(sheet,or towel) to make waves. Can you take a soft toy for a swim?

Using playdough can you make a fish and add sequins? Can you build a cave den to hide in?



## Literacy

**Making marking** in sand or shaving foam. Place either in a tray and let the children use their fingers or brushes to create circles, lines, or letters.

Can you colour in the rainbow fish using the colours named on the sheet? You can ask a grown up to read them to you.

Can you retell the story to your toy friends? Can you 'write' letters to the friends you are missing and read to your grown up.

Can you sing the rainbow song? Then draw a rainbow?



## Expressive Art and Design

**A stick wind chime**. Collect a selection of sticks, paint them, and decorate as you wish then tie string around one end and then hang from a tree.

**Decorate your own Rainbow Fish**. You could use the template, old cd, or a paper plate; decorate it with tissue or paint, glitter and your fingertips to create wonderful scales! You could hang it next to you wind chime in the trees.

**Sensory** Ocean waves sensory bottle  
Bubble blowing to print an ocean scene. Details on website for these activities.

