

Mud and Worm Edible Sensory Recipe



You will need:

3 cups flour

1 cup cocoa powder

1 cup brown sugar

1 cup white sugar

$\frac{1}{4}$ cup chocolate syrup (optional)

3 cups water

Noodles boiled in water and black food colouring

Gummy worms

Disposable pie trays

Method

1. Mix together all the ingredients.
2. If the mixture seems too thick, add more water.
3. Add the 'worms' to the mud.
4. Children can make their own mud pies using the disposable pie trays.

